

### WHAT DO YOU DO NEXT?

Please email both Michael and Leslie with your contact details to let them know you would like to take part, by no later than **Monday 4 April 2016**.

Michael Rasell: [mrasell@lincoln.ac.uk](mailto:mrasell@lincoln.ac.uk)

Leslie Hicks: [lhicks@lincoln.ac.uk](mailto:lhicks@lincoln.ac.uk)

Places will be offered on a 'first come, first served' basis.

### WHAT HAPPENS AFTER THAT?

We will confirm details of arrangements to participants on receipt of your email. We will also be pleased to answer any questions about the event.

On the day of the workshop we will ask you to complete a consent form to show that you understand what you are being asked to do and what our commitment to you involves.

We look forward to meeting everyone and hope that you will enjoy taking part!



### WHAT DO YOU DO IF YOU HAVE ANY QUESTIONS?

The UK research team members are:  
Michael Rasell and Leslie Hicks

If you want to ask anything about the workshops you can email

Michael and Leslie:

[mrasell@lincoln.ac.uk](mailto:mrasell@lincoln.ac.uk)

[lhicks@lincoln.ac.uk](mailto:lhicks@lincoln.ac.uk)

**Thank you for reading  
this!**

## Responses to changes in local community needs in Europe

### Workshop for young adult volunteers

**Wednesday 6 April 2016**

**12.30 -2.30**

**University of Lincoln, MB 3203**

## Research project information sheet

This leaflet tells you about our project and how you can be involved in the research

## WHO ARE WE AND WHAT ARE WE DOING?

We are Michael Rasell and Leslie Hicks from the School of Health and Social Care at the University of Lincoln. We are carrying out research to find out about what local communities need, changes which are taking place in these, and what can be done to improve well-being, locally. The research is happening in six different locations in Europe: Denmark, Portugal, UK, Czech Republic, Greece and Poland. We hope that this will lead into a bigger project, if we can achieve funding for it.

This leaflet provides information about the UK workshop with [young adults aged between 18 and 25 years who volunteer in communities.](#)

## WHO CAN TAKE PART AND WHAT WILL IT INVOLVE?

We are arranging one workshop with 18-25 year olds who volunteer and a second workshop with community workers.

**The workshop for young adults** is happening at the University of Lincoln from 12.30pm until 2.30 pm on Wednesday 6 April 2016. We will have a mixture of activities and discussions so that everyone

can give their views. We will start with lunch and have drinks and a break or two along the way! There is room for up to 20 participants.

We will invite you to share your ideas about positive aspects of local communities and things you would like to see improved. We will pool all these ideas and then think about what might happen in the future.

## WHAT WILL HAPPEN TO THE INFORMATION?

Everything from the workshop – for example, who took part, what they said – will be kept safely and treated confidentially. We will want to write about the discussions, but when we do this, we will make sure that it will not be possible to work out who said what – we will not include names.

We would like to take notes during the session and to record some of the conversations, subject to your consent. With permission, we will also photograph outputs such as brainstorming and lists of priorities.

Taking part is entirely your choice. On the day, if you would like to leave the workshop at any point, you can do that without needing to give a reason. You can also decide to stop us including your contribution up until the time

when we start to analyse what we have learned. That will be up to the end of the second week in April (15<sup>th</sup>) 2016. Again, you won't need to give a reason.

We will prepare short summaries of the research results to share with you and other people who are interested in it. The summaries will include ideas and suggestions from young adults in other countries in Europe.

We hope to be able to publish the results in different ways, such as a final report, a webpage and articles in journals, so that others can read about what the project found in the future.

## WHAT WILL YOU GET OUT OF TAKING PART?

You will have a chance to let everyone know what you think about your local community and how things could be changed for the better. By sharing your ideas, you will contribute to a report that will help others to understand more about local needs and suggestions for changes and improvements.

As a 'thank you' for taking part, we would like to offer a gift voucher for £20. We will also provide travel expenses, if needed.