



GOV.UK

# Benefits & credits: Work Choice

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## 1. Overview

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Work Choice can help you get and keep a job if you're disabled and find it hard to work.

It's voluntary - you don't have to do it. The type of support you get depends on the help you need. This is different for everyone but can include:

- training and developing your skills
- building your confidence
- interview coaching

! You can't get Work Choice in [Northern Ireland](#) - they have different schemes instead.

! Work Choice replaced WORKSTEP and Work Preparation. The Job Introduction Scheme has not been replaced and has now stopped.

## 2. What you'll get

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You can get support to help you find, keep and get on in a job.

The type of help you get depends on what you need - it's different for everyone. For example, you might get help with:

- training

- building your confidence
- finding a job that suits you
- interview coaching
- developing your skills

You'll have an interview to see what support you need when you join Work Choice.

## How Work Choice works

Work Choice is delivered by different providers across the country. They offer 3 levels of help.

Level of help	What you get	How long it lasts
Work Entry Support	Advice on work and personal skills to help you find a job	Up to 6 months
In-Work Support	Help to start work and stay in your job	Up to 2 years
Longer-term In-Work Support	Help to get on in your job and work without support	Long-term

Work Entry Support can be extended by 3 or 6 months in exceptional circumstances and when there is a clear prospect of a job.

## Complaints

Talk to the service provider first if you have a complaint. If you're still not happy, contact your Disability Employment Adviser at your local [Jobcentre Plus](#).

## 3. Eligibility

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To qualify for Work Choice you must:

- be of working age
- need support in work as well as to find a job
- be able to work at least 16 hours a week after Work Entry Support

- have a [recognised disability](#) that means you find it hard to get or keep a job
- need specialist help that you can't get from other government programmes or schemes - eg workplace adjustments, suppliers working in partnership with Jobcentre Plus or [Access to Work](#)

You can apply if you have a job but are at risk of losing it because of your disability. This also applies if you're self-employed.

! You don't have to be getting benefits to apply.

#### 4. How to claim

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To find out how to join Work Choice, speak to a Disability Employment Adviser (DEA) at [your local Jobcentre Plus](#).